



NATIONAL ACADEMY 2011

Be a part of England Talent Water Polo's National Water Polo Academy Success

The next National Academy will be held at Millfield School, Somerset from Sunday 24th - Friday 29th July 2011.

We're hoping to attract 150 athletes to the Academy from the UK's 14 Regional Training Centres. Places are only open to the committed RTC athletes.

As an Academy Athlete your week will comprise of:

- ✓ **Coaching Sessions/Game Play with the best athletes from around the Country in the 1996-97 age group**
- ✓ **The opportunity to work with and to get regular feedback from National Team Coaches**
- ✓ **Improvement of your Water Polo Skills**
- ✓ **An introduction to Strength & Conditioning by Sports Science experts**
- ✓ **Interaction with other like-minded athletes from all around the UK**
- ✓ **A chance to experience a National Squad based training camp**
- ✓ **Accommodation & all meals included**

Approx cost for the week activities: £299.99

(Funding may be available to you to claim from your Regions.)

The Camp is organised and staffed by experienced CRB-checked Team Managers and Coaches, National Team Staff in consultation with our National Talent Development.

If you are interested in reserving a place at 2011 National Academy please speak in the first instance to your RTC Administrator.